

# AOTEAROA NURSING LEADERS' SUMMIT 2024



27 - 28 February 2024 | Grand Millennium, Auckland



**KATE WESTON**  
*Executive Director,  
College of Nurses  
Aotearoa*



**GILLIAN ALLEN**  
*RN & Systems Safety Advisor,  
Te Tāhū Hauora Health  
Quality & Safety  
Commission  
New Zealand*



**JOANNE FAIR**  
*Chief of People & Culture,  
Southern Cross  
Healthcare*

Navigating the future  
of Nursing Leader  
excellence

## KEY THEMES

- Being a nursing leader in the current and future healthcare setting
- Leading the nursing workforce
- Championing and advocating as a nursing leader
- Showcasing: Leading nursing led care models



**DEB  
BAILEY-LAWSON**  
*Rural Generalist Nurse  
Practitioner,  
Buller Health*



**RONALD BAKER**  
*Kaumātua,  
Te Ao Māramatanga  
New Zealand College of  
Mental Health*



**KATARAINA DAVIS**  
*Chief Advisor Māori,  
Heart Foundation*

## Come with your team

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A O T E A R O A  
**NURSING  
LEADERS'**  
SUMMIT 2024



Join us at the New Zealand Nursing Leaders' Summit 2024, where we will be navigating the future of nursing leadership and excellence and provide crucial insights around current and future healthcare settings. This unique event features presentations from passionate nurse leaders, including panel discussions with key experts, and networking opportunities through table talks around critical issues.

Gain practical skills and tools to plan your workforce, create a positive work culture in order to achieve a your high-performing nursing team. Designed for established and aspiring nursing leaders, don't miss this opportunity to network with other leaders, share best practice and enhance your professional development.

### **ATTEND THIS SUMMIT TO**

- Upskill your leadership knowledge and capabilities
- Hear about the latest developments in nursing and be ready for the next year
- Dive deeper into nursing equity and be a change maker
- Participate in interactive panel discussions and network with other leaders

### **WHO WILL BE THERE?**

- College of Nurses Aotearoa
- Te Whatu Ora
- Te Tāhū Hauora Health Quality & Safety Commission New Zealand
- Southern Cross Healthcare
- Te Ao Māramatanga New Zealand College of Mental Health
- Heart Foundation
- Ryman Healthcare

# DAY 1 | FEBRUARY 27, 2024

8.30 Registration and coffee

8.45 Mihi whakatau

9.00 Opening remarks from the Chair

## The role of the nurse leader in the current and future healthcare setting

### 9.10 Opening keynote: Supporting Aotearoa's nursing leaders

- Strategy for nursing leaders in 2024: What do you need to be prepared for?
- Outlining the health workforce challenges – what are the issues and opportunities that will influence the future of the health sector?
- Growing the health workforce: Understanding the nursing leader role and where to get support
- Addressing how the College of Nurses supports nursing leaders in Aotearoa

**Kate Weston**, *Executive Director*,  
College of Nurses Aotearoa

### 9.50 Understanding the post-election healthcare environment

- Outlining how the election results will influence the health policy landscape important to nursing leaders
- Addressing possible challenges nursing leaders may encounter in the wake of the post-election environment
- Exploring the nursing leaders' role in advocating for teams and patients in a changing policy environment
- Identifying leadership strategies to ensure nurses' voices are heard in policy discussion and decision-making

**Jackie Cumming**, *Consultant Advisor – Health Services Research Centre*, Victoria University of Wellington

10.30 Morning break

### 11.00 Transforming the nursing workforce - empowering and enhancing workforce development

- Creating system-wide plan for the development of the nursing workforce: Improving nursing workforce pipelines and tackling critical shortfalls
- Developing systematic, objective methods of reviewing skills, capabilities and roles and aligning skill mix requirements with evolving models of care
- Role redesign - re-examining the persistent divisions between healthcare professions that determines who does what and hampers innovation
- Re-imagining the nursing workforce – workforce transformation in practice

## Leading the nursing workforce

### 11.40 Panel discussion: How to successfully plan your workforce in 2024

- Outlining the principles that guide health workforce planning based on Te Tiriti o Waitangi, the Health and Disability System Review and the Pae Ora Act
- Key challenges and opportunities for nursing leaders to enable change, enhance quality and promote innovation
- Identifying and removing the barriers to extended nursing scope of practice that would enable nurses to make a greater contribution to system transformation

- Understanding the leadership role in the context of the unregulated nursing workforce and working with nurse practitioners – how does everyone fit in?
- Identifying skills and competencies nursing leaders should develop and enhance for effective planning

**Zoë Tipa**, *Chief Nurse, Plunket*  
**Deborah Nelson**, *Interim Operations Director*,  
Te Whatu Ora Health NZ - Waikato

12.20 Lunch break

### 1.20 Leading workplace cultures in healthcare

- Outlining the definition and importance of work culture in a healthcare setting and how it affects healthcare staff's performance, satisfaction and overall well-being
- Identifying how work culture influences the quality, safety and outcomes of patient care
- Understanding the nursing leader's role and responsibilities in creating and maintaining a positive work culture
- Strategies and tools: How to assess and improve healthcare work culture - communication, trust & growth

**Joanne Fair**, *Chief of People & Culture*,  
Southern Cross Healthcare  
**Monica Goldwater**, *Chief Nursing Officer*, Southern Cross Healthcare

### 2.00 Tables talks: Promoting positive workforce culture

The aim of this table talk session is to explore current nursing workplace cultures. Hear different perspectives, share experiences and learn from each other's best practices and challenges.

**Joanne Fair**, *Chief of People & Culture*,  
Southern Cross Healthcare

2.30 Afternoon break

### 3.00 Building high performing teams in the nursing profession

- Outlining the role of a nursing team leader in supporting high performing teams
- Identifying the key factors that distinguish a high-performance team from others
- Understanding the necessary skills to support and contribute to the success of high-performing teams
- What strategies and tools can be used to guide high-performing teams to boost effectiveness and communication?

**Kerri-Ann Hughes**, *Senior Lecturer - School of Nursing*,  
Massey University

## Quality and safety in nursing

### 3.40 Growing healthy workplaces

- Healthy Workplaces: What are they and why are they important for psychological safety?
- Current environment: What are we seeing in nursing? Exhaustion, burnout, bullying, impacts of shift work and constant change, physical, mental and compassion fatigue and...
- Creating a supportive environment: How nursing leaders can build trust, respect and support through identifying and managing psychosocial risks
- Quality Services: What are the flow on impacts to the safety and quality of patient/client care and outcomes and productivity?
- Roles of Nursing Leaders: Examining how to be effective in doing the 'Right, Legal and Smart thing'
- Self-care: Looking after ourselves to ensure we can lead and care for others.
- Building resilience at personal, team and organisational levels.

**Janice Riegen**, *Healthy Workplaces Nurse Specialist*

- 4.20 Keynote: Nurses at the coalface of patient safety and quality care**
- Outlining the different models of delivering and operating with high quality and safety
  - Understanding the standards and guidelines for providing safe and competent nursing care and how to communicate it to staff
  - Identifying strategies and tools to improve patient safety practice, such as evidence-based practice, teamwork, situation monitoring and mutual support
  - How can nursing leaders establish an environment that fosters patient safety and nonpunitive responses to error?
  - Outlining how nursing leaders can contribute to enhanced patient and whanau experience and influence positive outcomes

**Gillian Allen, RN & Systems Safety Advisor, Te Tāhū Hauora Health Quality & Safety Commission New Zealand**

**5.00 Summary remarks from the Chair & Networking Drinks**

## DAY 2 | FEBRUARY 28, 2024

**9.00 Welcome back from the Chair**

### Championing and advocating as a nursing leader

- 9.10 Working alongside the community: Developing care models that work for everyone**
- Outlining the principals of co-design and co-production and how to apply them in the nursing environment
  - Understanding how nursing leaders can successfully engage with the community to design and deliver care that is responsive, equitable and integrated
  - Identifying the nursing leader's role in engaging, empowering and partnering with the community to identify health needs, preferences and values and co-create solutions
  - Nursing leaders & community healthcare: Successfully managing community-based care models
- Kataraina Davis, Chief Advisor Māori, Heart Foundation**

**9.50 Panel discussion: Equity and nursing - delivering the critical leadership needed to improve equity in health**

This panel will address the importance of nursing leadership to improve health equity and provide a forum to discuss how to improve. Questions that will be covered are:

- What steps can nursing leaders take to be champions for equity and to improve whanau experience
- How can primary prevention and early intervention create a more equitable healthcare?
- Understand the nursing leadership role in fostering inclusion and diversity by focusing on cultural competence and sensitivity?

**Gina Pikaahu, Nurse Leader Māori, Comprehensive Care**

**Mihi Blair, GM of Māori Health and Equity, ProCare**

**10.30 Morning break**

**11.00 Digital leadership in nursing**

This session will give an overview of new and future developments of nursing innovations that will contribute to achieving equity, provide care closer to home and enable smarter use of data and digital technology.

- Understanding what new nursing tools and tricks have been developed that will change the future of nursing
- Outlining the most relevant tools for nursing leaders and how it they will impact leading teams
- Identifying the role of the nurse as digital leaders to drive and encourage innovation and technology adoption

**11.30 New research developments in nursing: Harnessing collaboration: The development of clinical nurse academic roles in Aotearoa New Zealand**

In this session we will hear from a leading nursing academic researcher, who will share their current research and outline their findings. We will discuss how the finding will inform the future development of nursing practice.

**Cathleen Aspinall, Nurse Director for Research, Te Whatu Ora Counties Manukau & Senior Lecturer, The University of Auckland**

**12.00 Rural and remote nursing care**

- Outlining the future of rural and remote healthcare – the role of nurses in meeting the needs of rural and remote communities
- Utilising nurse practitioners, extended nursing practice and nurse prescribing to improve access to medicines and health services
- Understanding how nurses can acquire and maintain the required knowledge, skills and competencies to ensure quality service for their diverse and complex role
- How to ensure health, safety and well-being of rural and remote nurses working in isolation

**Deb Bailey-Lawson, Rural Generalist Nurse Practitioner, Buller Health**

**12.30 Lunch break**

**1.20 Nursing leadership in mental health and capacity**

- Understanding the types and role of an enduring power of attorney (EPA) and its relation to the Protection of Personal and Property Rights (PPPR) Act
- Outlining nursing leaders' responsibilities in relation to EPA and the PPPR Act
- An overview of the current trends, developments and issues in mental health and capacity practices and malpractices
- Best practice: How can nursing leaders keep up to date and informed in this area

**Ronald Baker, Kaumatua, Te Ao Māramatanga New Zealand College of Mental Health**

### Showcase: Leading nursing led care models

**1.50 Nursing leadership care in a time of change**

During a time of change in the healthcare system, there is a need to refocus on how health services are provided. Across Aotearoa, nurses work hard in different sectors to develop and lead sustainable new care models. The following sessions will showcase nursing led care models and share their insights and experiences from across a range of care settings:

- Aged care  
**Cheyne Chalmers, CEO NZ, Ryman Healthcare**
- Primary care and nurse practitioners  
**Rachael Scully, Director of Nursing, Tāmaki Health**
- Cancer care  
**Michelle Grundersen-Reid, Manager Supportive Care, Cancer Society Auckland Northland**

**3.20 Closing remarks from the Chair & end of conference**



# SEPARATELY BOOKABLE MASTERCLASS

**3.30 pm - 6.30 pm | 28 February 2024**

## **Resilience and wellbeing of yourself, your team, and the organisation: How to thrive in challenging times through growing healthy workplaces**

**In this masterclass, you will gain an in-depth understanding of terminologies and gain practical insights and tools to enhance your leadership role:**

- Discover what is important for growing healthy workplaces, through this interactive workshop, sharing ideas and stories and exploring the links to the evidence
- Identify and analyse your personal wellbeing needs to create your own toolbox of practical ideas that will enable you to coach and lead staff through constant change
- Discuss how we can learn from our cultural foundations and integrate Te Tiriti o Waitangi and Māori models of health and wellbeing
- Explain psychological safety and discuss how we can grow effective teams that thrive in the workplace
- Review the Health and Safety at Work Act (2015) and discuss your legal responsibilities in creating a safe working environment, physically and psychologically
- Explore psychosocial risk management: the why, what and how
- Examine the evidence that links healthy workplaces to the quality and safety, care, and outcomes for patients/clients and their family/whānau.

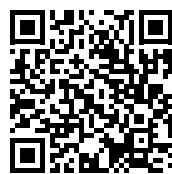


**JANICE RIEGEN**

*Healthy Workplaces Nurse  
Specialist*

Janice is currently working independently and worked for many years as a Clinical Nurse Specialist in Occupational Health and Safety and Organisational Development in a large public healthcare organisation. She is a member of the NZ Occupational Health Nurses Association, College of Nurses Aotearoa (NZ) and the Global Healthy Workplaces network. Janice has facilitated interactive workshops and presented at numerous conferences, nationally and internationally. Recent publications include contributing to 'Mentally Healthy Work in Aotearoa New Zealand'- WorkSafe NZ and a case study in 'Managing health and wellbeing in the public sector – A guide to best practice' (Hesketh & Cooper). She is currently involved in research at the University of Auckland, looking at the influence of leadership behaviours on workplace wellbeing

# AOTEAROA NURSING LEADERS' SUMMIT 2024



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+GST per person

### SEPARATELY BOOKABLE MASTERCLASS

**\$699** +GST

\* Available until 18 December 2023 OR until 40 tickets sold, whichever occurs first.

\*\*Delegates must be from the same organisation and book at the same time.

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